**Note:** Please save your answers often if you need longer than one hour to complete this form. You will be logged out of the survey after one hour if you have not changed the page.

It is important that this form be filled out accurately and completely to aid your counselor in preparing your college or employment recommnedation. Complete this form PRIOR to your counselor interview.

1. What are your parents/guardians names and occupations?

\* 2. Did either of your parents/guardians go to college? If yes, please list colleges:

\* 3. How many children are in your family? How many are in college? (Don't include yourself)

\* 4. What college are they attending?

\* 5. List three adjectives that you feel best describe you and why?

6. List three adjectives someone else would use to describe you and why?

Witty - my friends say I’m funny and I have really good one-liners

\* 7. Briefly describe your college and or career plans:

8. In what academic and non-academic areas have you shown the most development and growth during your high school years?

9. If you had a particularly poor academic year (9,10,11,12) please explain why?

\* 10. How would you describe yourself as a student?

Overall, I think I’m a good student. I try hard in my classes and put in a lot of effort on homework and assignments. My bare minimum is can be considered high standards from different students. Like most other students, I suffer from the perils of procrastination.

\* 11. Describe the most significant course(s) you have taken at Chelmsford High School. Explain why you chose this class and how the course(s) impacted you:

\* 12. Describe the most meaningful extra-curricular activity in which you have participated. Write about your role in the activity and how that activity assisted in your personal growth:

\* 13. Describe any community service, church, work or volunteer experience in which you have participated -- what has it taught you?

\* 14. Describe any unusual circumstances that may have shaped your character, personality, or attitudes.

15. Is there any medical, financial, academic, or personal information you want shared in a recommendation letter?

16. Describe some issue you feel passionately about?

17. What strengths or contributions will you bring to the post secondary environment you plan to attend?

18. What else would you like someone to know about you that was not requested on this questionnaire?

19. List three teacher/coaches/advisers in this building who you feel know you well.

20. Please rate yourself according to the following: 1 = below average, 2 = average, 3 = good, 4 = very good, 5 = outstanding

**Academic Motivation**

1

2

3

4

5

**Academic Growth Potential**

1

2

3

4

5

**Self-Discipline**

1

2

3

4

5

**Leadership**

1

2

3

4

5

**Self-Confidence**

1

2

3

4

5

**Personal Initiative**

1

2

3

4

5

**Reaction to Set Backs**

1

2

3

4

5

**Intellectual Curiosity**

1

2

3

4

5

**Work Habits**

1

2

3

4

5

**Respect Accorded by Faculty**

1

2

3

4

5